

THE BEAUTY OF BEING BLACK



SERENITY AND deep conviction are typical forces in the spiritual life of the black woman and are shown in the face of the Muslim woman pictured above. Her uplifted face seems to be indicative of her search for a better life and the hope that it will not be long in coming.



QUIET STRENGTH abounds in the black woman. From time immemorial, she has had to summon all of her resources, mental, spiritual and physical, to overcome the day-to-day obstacles which have plagued her life. That she has triumphed over such seemingly insurmountable difficulties is a tribute to her greatness.

Dress Should Identify Black Woman

By TYNETTA DEANAR

LONG OR SHORT?

Just what's wrong with the white woman's dress? Some staunch critics of Islam's entrance upon the American scene would like to think that anything that is associated with the white race in customs and dress is hated and despised by the Muslims. However, let us for the sake of qualifying ourselves to represent truth avoid such ill-guided assertions.

Nothing is wrong with the white woman's dress because it is her dress and she has the right to wear it as short as she desires. But when the Negro woman wears the same dress, there are more than a half dozen reasons why this is wrong. Foremost, and perhaps covering the entire span of the reasons to be considered, is that we, as women, with national and international responsibilities are not properly identified in such garments.

Morally, spiritually, psychologically, internally, externally, ethnically, mentally physically and technically we have, by our appearance, gravely retrogressed into oblivion. Where is your touch of creativity, originality and genius in this white woman's wardrobe? We are simply playing the part of "copycats".

Something as simple as a dress (as we may deem simple) is causing us to falter behind the rank and file of the advanced societies of the world. Here is an example of the Negro woman's lack of taste and discriminatory values when it comes to selecting the proper dress for herself and her children. This should produce the picture once and for all.

Why doesn't the white woman of America or abroad wear the long dress of Ghana or the dress and veil of Egypt? Because the people of

Ghana and Egypt are of the Black Race and the American white women of European ancestry and have developed styles of dress that are becoming to their race and which only serve to belittle and demoralize any black imitators.

Be yourself! Develop styles of dress conforming to the personality of your own people. Then you will be loved, respected and admired the world over. Remember that there is as much difference between the white woman and the black woman as night is from day!

BABY MAY BE ILL, BETTER CALL DOCTOR

Many new parents are alarmed when baby becomes ill. Each symptom may be magnified greatly out of proportion and upset Mom and Dad unduly. On the other hand, there are also those parents who hesitate to call the doctor unnecessarily and are afraid of making misdiagnoses of themselves.

Doctors, however, are used to the ups and downs of early parenthood and don't mind being called even when there are false alarms. So don't waste time worrying. Just phone your doctor and feel confident that he will do whatever is necessary after hearing you describe the condition of the child.

Things to tell the doctor about are:

1. A cold
2. Fever
3. Vomiting
4. Refusal to eat for more than a day's time
5. Continual crying or wailing as though he were in pain
6. Failure to gain over a period of a week or two
7. Diarrhea
8. Any other condition that you don't understand and that worries you.

Muslim Cookbook

STUFFED CUCUMBERS

(combination)
2 med. onions
1 lb. med. tomatoes
2 medium cucumbers
half stick butter
quarter teaspoon cinnamon
half cup brown rice or
half cup toasted bread crumbs
2 tbsp. tomato paste
half pound ground beef or lamb

1 green pepper
2 cloves garlic
Salt and pepper
Peel onions and place whole in pot containing two cups boiling water. Boil for 5 to 8 minutes or until tender. Remove onions from water and reserve water for use. Let onions cool enough for handling. Remove center with paring knife, leaving 3 or 4 layers of the onion sections. Cut cucumbers in halves, scoop out centers. Also remove centers from tomatoes. Chop the green pepper, garlic and the onion centers and cook in butter for 10 minutes. Add meat and the centers of the tomatoes and cucumbers, cooking until meat becomes grainy. Add seasonings, rice or bread crumbs.

Blend well, fill each vegetable and place upright in roaster. Pour over paste diluted with some of the water from boiling the onions and cook in 400 degree oven until done. Serves 2 to 4.

ARABIAN CANDY

one and a half cups sesame seeds
quarter cup white sugar
quarter cup honey
quarter cup white Karo syrup
3 tbsp. butter
Toast seeds, add butter in sauce pan, add honey, syrup and sugar; let melt. Add seeds to syrup, steam and cook for 5 minutes. Butter dish; place in dish buttered with 3 tablespoons of butter.

If God Forgot

If Allah forgot the world for just one day
Then little children would not laugh and play;
Birds would not in the woodland sing,
And roses would not beautify the spring.
No Messenger to teach us right from wrong,
No Gods to give us that eternal home,
No rising sun, no moon to give its light
No God to reflect the stars of night.
No one to know the end of strife
No truth to help us through our daily life,
No listening ear to hear the lost one call,
No eye to see the righteous enemy fall.
No one to pray thy will be done,
No one to say I will ever come.
Millions will die if they don't summit
No shepherd to bring the lost and straying in.
Yes, this great universe would melt away,
If Allah forgot the world for just one day.

Mary Jane X Bey
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Save Fees On Repairs For Appliances

Manufacturers of household appliances say that one-third to one-half of all service could be eliminated if appliance owners would read direction books. The Gas Appliance Manufacturers Association recommends that you check the list of points about operating your appliances before you call for service. You may locate the trouble yourself and save a service fee.

Don't call a service man for an ailing appliance before you've checked the use and care manual. Most instruction books include a list of points to check before you call for help.

The gas oven that won't light, for instance, may be on automatic

instead of manual control. Frequently, servicemen say, a clothes dryer refuses to operate because

the door is not firmly closed, or the appliance has been accidentally disconnected.

Lengthen Life Of All Appliances

Service records show that some homes make many more appliance service calls than others with com-

parable appliances. Most appliances are sturdily made and will withstand occasional abuse. However, manufacturers recommend reasonable care in opening and closing doors, turning dials and switches and in cleaning and replacing parts.

Remove Scorch With Peroxide
Scorch marks in fabrics can be removed by sponging repeatedly with hydrogen peroxide soaked cotton. Let stand a few minutes to dry or hang up to dry. If marks are still present, repeat application.

Those people who claim to get best results from kicking or shaking an appliance are only deluding themselves, say manufacturers.